



Join a free and friendly health walk from Castlefields Health Centre!

When: Tuesdays 11:00am

Starts 6th Feb 2018



Meeting point: Castlefields Health Centre, The Village Square, WA7 2ST

Approx 30-minutes

This is a pleasant 30-minute local walk on paths with friendly people.

Maybe stop for a cuppa and chat afterwards in the Community Centre.

*"For more details speak to the reception or Health care Assistants
Nicky Griffiths or Debbie Elliott"*

For information about other walks in Runcorn, pick up a full program or visit:

www.activehalton.co.uk/walking

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